

# TEN

Being in the world | Place | Relations | Immersion

## A. Ground in the world

1. Contemplation on and living in the world.
2. In self-doubt and anxiety, cultivate their positive—intrinsic and external.
3. Self. Discipline—no coffee, Netflix, Facebook, Quora, News, G, early email.

## B. Material ground

4. Financial independence, place, community, relations (the way to C's heart).
5. Health.

## C. Realization

6. Develop TWB and site.
7. Yoga and meditation—exploration and construction of the real.
8. Immersion. Nature (Beyul—RNP, Trinities, REI). Culture (worldviews, spirit).

## D. Other (to be placed elsewhere)

9. Canonical questions.
10. A philosophical language (vocabulary, grammar)