Hi Carissa,

I wonder how your year and life are going? Well, I hope. I am watching the video “RARE” with you and Emily Rushing posted 11 months ago. I’m going to pause here to continue viewing…

…okay, done—really nice and it looked like good exercise too. I do hope you continue to dance and enjoy dancing for as long as possible. A bit of inspiration for me in my continuing attempt to stay healthy.

I’ve been having a good summer. One of the good points about Eureka is that it never gets much warmer than 70 degrees. In fact when it’s 70 the natives will be complaining about the heat wave. 63 is a typical summer day. On the down-side it can be cloudy a lot—but it does usually clear up by mid-afternoon. I’ve been enjoying my walks, bike rides, and writing. I haven’t gone out of county because they are discouraging travel between counties and my favorite county, Trinity, has a covid-19 ordinance that motel guests have to be essential workers or county residents. Trinity is where my favorite mountains are and I will go there a little later—September, when it’s cooler. Unlike Humboldt County where I live, Trinity gets hot in summer. Today, it’s 105.

I do hope to hear from you. I think of you a lot and love you as always. Here’s wishing you a very happy birthday and hoping that you, Dwight, and Veda Elise are doing very well.

Love,